

# Indianapolis 2019 Phowa Course Information

## A. General Information

### Timing

September 5<sup>th</sup> – 15<sup>th</sup>, 2019

- Sept 05th, 2019  
Public Talk: Introduction to Phowa, Transference of Consciousness at the Time of Death
- Sept 06th - Sept 15th, 2019  
10 Days Phowa Course (see daily schedules)

### Venue

An Lac Temple  
5249 E.30th St. Indianapolis, IN 46218 U.S.A.

### Course Fee

There is no fee for the course, but offerings to support expenses are welcome. Please see the attached list for suggested donations, which may be made by credit card or check sent to An Lac Temple, 5249 E.30th St. Indianapolis, IN 46218 U.S.A.

### Registration

While there is no fee to attend, we request that you register to reserve a place and receive latest updates about the Phowa Course. Online registration can be done at:

For English  
<http://anlactemple.org/phowa-en>  
Or please scan the QR code



For Vietnamese  
<http://anlactemple.org/phowa-vi>  
Or please scan the QR code



### Language

Rinpoche will teach in English with translation will be provided in Vietnamese (and possibly Mandarin). Please bring a portable AM/FM radio and headset if you require translation.

### Daily Schedule

Visit AmitabhaFoundation.us and AnLacTemple.org for the Daily Schedule in English and Vietnamese.

### Contacts

Ven. Thien Huong (+1) 260 416 4199  
Pema Zangmo (+1) 408 421 0330  
Email [phowa@anlactemple.org](mailto:phowa@anlactemple.org)

### Accommodations

Everyone is responsible for making their own arrangements.

There are several hotels close to An Lac Temple. You may also find inexpensive accommodations on Booking.com, Airbnb, VRBO, or other rental sites at the cost about US\$ 30-70/night/2 persons

*For 11 nights from September 05<sup>th</sup> -15<sup>th</sup>, the searching result on booking.com (as of Apr 20<sup>th</sup>, 2019) shows some suggestions as below:*

1. **Red Roof Inn Indianapolis – Castleton**
  - Ranking: 2-star hotel
  - Address: 8110 North Shadeland Avenue, Indianapolis, IN 46250, USA
  - Distance: 6.7 miles (~10.7 km) from An Lac Temple
  - Price: US\$ 551 for 11 nights/2 persons
2. **Quality Inn East Indianapolis**
  - Ranking: 2-star hotel
  - Address: 7050 East 21st Street, Warren Township, Indianapolis, IN 46219, USA
  - Distance: 2.1 miles (~3.4 km) from An Lac Temple
  - Price: US\$ 623 for 11 nights/2 persons

3. **Super 8 by Wyndham Indianapolis**
  - Ranking: 2-star hotel
  - Address: 450 Bixler Road, Indianapolis, IN 46227, USA
  - Distance: 8.7 miles (~14 km) from An Lac Temple
  - Price: US\$ 650 for 11 nights/2 persons
4. **Etc.**

There are some hotels in the distance of 5-7 minutes driving from the temple. Those hotels are also near to each other. Prices depend on the season, it may go high if you book so late, keep in mind that September 01<sup>st</sup> is the National Holiday. These are the prices without group discount (~5%). Tax is about 17%.

1. **Holiday Inn Express & Suites Indianapolis East**

Address: 7035 Western Select Dr, Indianapolis, IN 46219  
 Phone: +1 (317) 322-0011  
 Reservation Date: September 1-15, 2019  
 Room rate: \$126 / night + tax (1 king bed)
2. **Candlewood Suites Indianapolis East**

Address: 7040 E 21st St, Indianapolis, IN 46219  
 Phone: +1 (317) 495-6600  
 Reservation Date: September 1-15, 2019  
 Room rate: \$75 - \$109 / night + tax
3. **Baymont by Wyndham Indianapolis East**

Address: 2311 N. Shadeland Ave, Indianapolis, IN 46219  
 Phone: +1 (317) 429-0986  
 Reservation Date: September 1-15, 2019  
 Room rate: \$95 - \$120 / night + tax
4. **Days In by Wyndham Indianapolis East Post Road**

Address: 2150 North Post Road Indianapolis, Indiana 46219  
 Phone: +1 (317) 643-7487  
 Reservation Date: September 1-15, 2019  
 Room rate: \$70 - \$85 / night + tax
5. **Rodeway Inn Indianapolis East**

Address: 6990 E 21st Street, Indianapolis, IN 46219  
 Phone: +1 (480) 676-5490  
 Reservation Date: September 1-15, 2019  
 Room rate: \$89 - \$99 / night + tax
6. **Red Roof Inn Indianapolis East**

Address: 7314 E 21st Street, Indianapolis, IN 46219  
 Phone: +1 (937) 327-6504  
 Reservation Date: September 1-15, 2019  
 Room rate: \$81 - \$150 / night + tax
7. **Quality Inn Indianapolis East**

Address: 7050 E 21st Street, Indianapolis, IN 46219  
 Phone: +1 (317) 352-0481  
 Reservation Date: September 1-15, 2019  
 Room rate: \$56 - \$70 / night + tax

## Meals

Three vegetarian meals will be served daily for breakfast, lunch and dinner; snacks, tea and coffee will be available at the teaching place for all participants. Everything is free of charge. Hot and cold drinking water is provided 24/24 hours at the Temple.

## Parking

Parking at temple is free; the space is enough for serving hundreds of people.

## Weather

September is the beginning of autumn in Indianapolis. The weather is not too hot, not too cold, no rain, no wind chill or humidity effect. This is the most beautiful season in Indiana. In this month, highest temperatures (during noon time) reach to 31 ÷ 31.5°C (87.8 - 88.7 °F), while lowest temperatures (at night time) are around 18°C (65°F).

## Map and Directions from Indianapolis International Airport to An Lac Temple

It takes about 25 – 35 minutes to go by car from Indianapolis International Airport to An Lac Temple; this is the fastest, easiest and most convenient way. Uber or Lyft costs around US\$ 22-55 for one-way trips for individuals or groups of 2-6 people. Please check their application on-site for accurate information at the time you book the car.

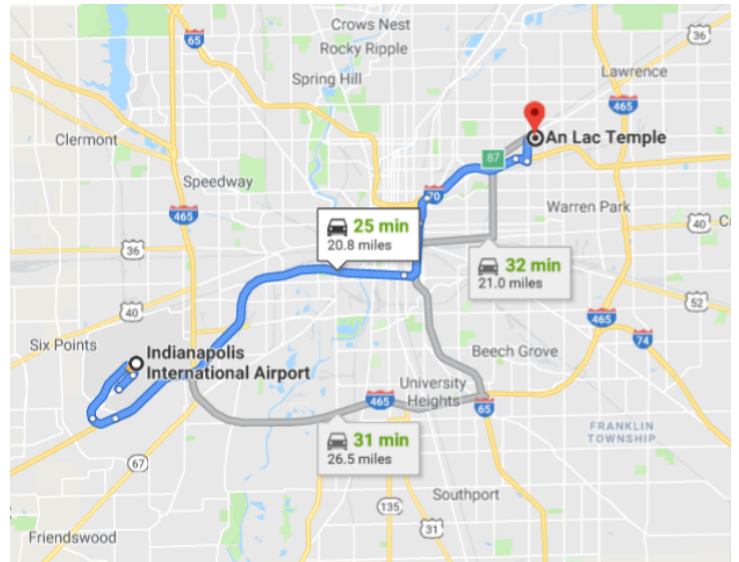
← from Indianapolis International Airport  
to An Lac Temple, 5249 30th Street, Indianapolis, IN 4...


**25 min** (20.8 miles)  
via I-70 E  
Fastest route, the usual traffic

**Indianapolis International Airport**  
7800 Col. H. Weir Cook Memorial Dr, Indianapolis, IN 46241, USA


- > Get on I-70 E  
7 min (3.6 mi)
- > Continue on I-70 E to Center Township. Take exit 87 from I-70 E  
16 min (16.3 mi)
- > Continue on Emerson Ave. Drive to E 30th St in Warren Township  
2 min (0.9 mi)

**An Lac Temple**  
5249 30th Street, Indianapolis, IN 46218, USA



 via I-70 E **25 min**  
Fastest route, the usual traffic 20.8 miles

[DETAILS](#)

 via Col. H. Weir Cook Memorial Dr and I-70 E **32 min**  
21.0 miles

 via I-465 S/I-74 **31 min**  
26.5 miles

## B. Make your Ritual Offerings to Accumulate Merit

Item #	Descriptions	Max Qty.	Value
1	<b>Incense Offering</b> Incense will be offered daily.	100	\$10.00 / each
2	<b>Butter Lamps</b> Butter Lamps will be offered daily.	100	\$21.00 / each
3	<b>Flowers</b> Beautiful flowers will be offered on the shrine and in front of Rinpoche's throne daily.	50	\$99.00 / each
4	<b>Tormas and Shrine Offerings</b> Tormas are ritual cake offerings that are prepared by Rinpoche's lama attendants. Other offerings include saffron water, rice and special substances.	100	\$49.00 / each
5	<b>Tsog</b> There will be a Milarepa Tsog Offering ceremony on Sept 13rd and a Buddha Amitabha Tsog Offering ceremony on the last day Sept 15th, 2019.	200	\$49.00 / each
6	<b>General offering</b> You may make general offerings at the event.	20	\$499.00 / each

## C. Sponsoring to support Ayang Rinpoche and his Phowa Course in Indianapolis

Item #	Descriptions	Max Qty.	Value
1	<b>Texts and photos</b> Each participant will be given a set of liturgical texts and photos to support their visualization. These will be available for this Phowa Course in Tibetan, English, Mandarin or Vietnamese.	150	\$27.00 / each
2	<b>Tea and snacks</b> Tea and snacks will be provided for Rinpoche, attendant lamas, translators and approximately 100 participants during morning and afternoon breaks daily.	300	\$30.00 / each
3	<b>Ayang Rinpoche's airfare</b> (1 available) Due to his health and age, we would like to purchase a Business Class ticket for Rinpoche. This is the approximate cost for a two-way ticket between New Delhi and Indianapolis.	1	\$3500.00 / each
4	<b>Attendants' airfare</b> (2 available) Rinpoche will bring at least two attendants; their airfare is calculated for Economy tickets.	2	\$1500.00 / each

The above are suggested donations. An offering of any amount is welcomed, and may be made by credit card on An Lac Temple websites ([AnLacTemple.org/phowa-vi](http://AnLacTemple.org/phowa-vi); [AnLacTemple.org/phowa-en](http://AnLacTemple.org/phowa-en)), or by check sent to An Lac Temple, 5249 E.30th St. Indianapolis, IN 46218 U.S.A.